

# ABOUT MUSIC TUITION

**Playing a musical instrument  
could benefit your child's wider  
education in the following ways**

- Improves health and wellbeing
- Promotes good discipline and organisation
- Provides a sense of achievement
- Provides life long skills
- Improves self confidence
- Promotes fun and enjoyment

Playing and performing as part of a group builds vital social skills and the ability to co-operate with others. High Life Highland Instructors run groups in schools which can lead to wider opportunities. Highland Young Musician groups allow musicians from across Highland to play and perform at the highest levels.

Visit [highlifehighland.com/music](http://highlifehighland.com/music) for more information

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