



# Digital Skills for Families

Strategies and skills to support your child's safe use of digital media at home



**A two part short course for parenting in a digital world  
Using 'Positive Parenting' techniques:**

- Develop your digital skills and confidence
- Learn strategies for screen time, cyber security and privacy management
- Explore strategies for encouraging digital empathy and managing cyber bullying
- Learn how to make the most of digital technology in your home

**Wednesdays, starting 2<sup>nd</sup> May 2018**

**positiveparenting**

**For more information contact  
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